UNIV 100 courses for the Fall 2019 semester are organized into themes and then by topic. We recommend that you browse this catalog and note those courses that interest you and that fit your schedule.

All sections beginning with an H (e.g. H01, H20) are designated as Honors sections.

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CHOOSE YOUR UNIV 100 SECTION!

Every first-year Ragin’ Cajun is required to take UNIV 100 (First-Year Seminar), but unlike many of your other required courses, you get to select a section of your choice. Instructors have designed these sections based on their passion and expertise. The class size is small, so you will be with other students who are excited about the same topic. You’ll get to know your classmates and have a Peer Mentor to help you adjust to college-level academics and life. Take some time, explore the catalog, and choose a section before registering so your UNIV 100 course will be a good fit!

Start by going to our website: firstyear.louisiana.edu/univ100catalog

Note the CRN numbers for the classes you are most interested in:

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<tr>
<td>Music Critic: Great Albums</td>
<td>033</td>
<td>24605</td>
<td>M 2:30P-3:45P</td>
<td>CLR 213</td>
<td>Kolacek, James</td>
</tr>
</tbody>
</table>

Honors Sections
Up for a bit more of a challenge? Take an honors section. Look for course sections marked with an H. Anyone can enroll in an honors section. If you’re in the Honors Program, you will receive honors credit for the course.

Student Athletes
Talk to your academic advisor about UNIV 100! They have likely already put you into a section.

Living Learning Community Members (except Honors LLC)
You do not need to register for UNIV 100 at orientation (and you cannot drop the section you are in, unless you resign from the LLC). Questions? Email Dr. Beth Giroir at elizabeth.giroir@louisiana.edu
**Art & Music**

**Title:** Cajun and Creole Jam

**Section:** 068  **CRN:** 23728  **Day/Time:** TR: 08:00 AM - 09:15 AM  **Room:** HLG 128  **Instructor:** Huval, Chad

**Course Description:** Jam sessions are oftentimes the main venue through which Cajun and Creole music is learned and practiced. This seminar brings Cajun and Creole Jams to the classroom: students will get hands-on playing and singing Cajun and Creole music. The course is designed for two kinds of students, those who've never played music before and those who've never played Cajun music before, and will cover basic instrument instruction, repertoire, performance style of Cajun and Creole music in individual and ensemble settings.

**Title:** Design Redefined

**Section:** 025  **CRN:** 23630  **Day/Time:** MWF: 10:00 AM - 10:50 AM  **Room:** MDD 111  **Instructor:** McKinney, Karen

**Course Description:** From historic preservation to twenty-first century efforts in resource conservation, designers influence public perceptions of what is required, acceptable, and desirable while they create the physical components of everyday life. This course will look at what defines historic preservation as well as the multiple facets of environmentally conscious designs and designers throughout history. While incorporating basic college success tactics, such as time-management, goal setting, research, and career services, the course will focus on earth-friendly designs and designers, primarily architecture, interior design, and industrial design but also looking into fashion, film, engineering, advertising, landscaping, and every-day life. Student teams will be asked to propose a simple design for campus seating (chair or bench) that they can construct and which incorporates principles and materials for recycled design that they learned in the course.

**Title:** Design Redefined

**Section:** H06  **CRN:** 23747  **Day/Time:** MWF: 09:00 AM - 09:50 AM  **Room:** MDD 111  **Instructor:** McKinney, Karen

**Course Description:** From historic preservation to twenty-first century efforts in resource conservation, designers influence public perceptions of what is required, acceptable, and desirable while they create the physical components of everyday life. This course will look at what defines historic preservation as well as the multiple facets of environmentally conscious designs and designers throughout history. While incorporating basic college success tactics, such as time-management, goal setting, research, and career services, the course will focus on earth-friendly designs and designers, primarily architecture, interior design, and industrial design but also looking into fashion, film, engineering, advertising, landscaping, and every-day life. Student teams will be asked to propose a simple design for campus seating (chair or bench) that they can construct and which incorporates principles and materials for recycled design that they learned in the course.

**Title:** Photography: History Reframed

**Section:** 059  **CRN:** 23719  **Day/Time:** MWF: 12:00 PM - 12:50 PM  **Room:** MDD 106  **Instructor:** TBA

**Course Description:** This course is an exploration of collective memory as public communication. It will examine public memory as created and communicated by American photojournalism.
Title: The Creative Process

Section: 052    CRN: 23657    Day/Time: MWF: 09:00 AM - 09:50 AM    Room: CLR 312    Instructor: Dicaprio, Marion

Course Description: This course identifies several key aspects to the development and creation of visual art to anyone interested in the visual arts. Students will engage with the teacher in exploring resources at the University Art Museum, the Edith Dupre Library, and the studios of working artists. Students will explore how artists create work and what motivates them to create. Weekly assignments will be given to foster written and verbal articulation of the foundations in art, the elements and principles of art, design and media. Students will also create two-dimensional and three-dimensional works of art. The artwork will then be discussed in class to strengthen each student's understanding of what is relevant subject matter, what is appropriate media for expressing oneself in a visual format, and how to critically engage themselves and their audience.

Title: The Creative Process

Section: H15    CRN: 23755    Day/Time: MWF: 10:00 AM - 10:50 AM    Room: CLR 312    Instructor: Dicaprio, Marion

Course Description: This course identifies several key aspects to the development and creation of visual art to anyone interested in the visual arts. Students will engage with the teacher in exploring resources at the University Art Museum, the Edith Dupre Library, and the studios of working artists. Students will explore how artists create work and what motivates them to create. Weekly assignments will be given to foster written and verbal articulation of the foundations in art, the elements and principles of art, design and media. Students will also create two-dimensional and three-dimensional works of art. The artwork will then be discussed in class to strengthen each student's understanding of what is relevant subject matter, what is appropriate media for expressing oneself in a visual format, and how to critically engage themselves and their audience.

Culture & Literature

Title: Basic Spanish in Medical Field

Section: 032    CRN: 23638    Day/Time: TR: 02:00 PM - 03:15 PM    Room: HLG 128    Instructor: Baena Prados, Antonio

Course Description: This course is designed to help those in the medical field who are interested in acquiring basic conversational skills in Spanish. It will introduce habitual interactions that medical personnel can encounter in working environments when interacting with Spanish speaking patients. Students enrolling in this course should have a Spanish speaking level of basic or higher.

Title: Film and Literature

Section: 065    CRN: 23725    Day/Time: MW: 02:30 PM - 03:45 PM    Room: MDD 310    Instructor: Vidrine, Micah

Course Description: In this course, students will learn the basics of film adaptation/adaptation theory. They will not only analyze a range of literature but their subsequent films, as well. Student will explore a spectrum that ranges from true adaptations (window) to inspirations (frame/mirror). Through this class, students will be able to approach entertainment with analytical thinking, seeing not only a process between text and screen, but a deeper significance into WHY the text is adapted the way it is.
**Title:** Film and Literature

**Section:** 071  **CRN:** 23730  **Day/Time:** MW: 04:00 PM - 05:15 PM  **Room:** MDD 310  **Instructor:** Vidrine, Micah

**Course Description:** In this course, students will learn the basics of film adaptation/adaptation theory. They will not only analyze a range of literature but their subsequent films, as well. Student will explore a spectrum that ranges from true adaptations (window) to inspirations (frame/mirror). Through this class, students will be able to approach entertainment with analytical thinking, seeing not only a process between text and screen, but a deeper significance into WHY the text is adapted the way it is.

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**Title:** Wanderlust Wayfaring Adventure

**Section:** 017  **CRN:** 23624  **Day/Time:** TR: 12:30 PM - 01:45 PM  **Room:** MDD 111  **Instructor:** Acharya, Disha

**Course Description:** Travel has always fascinated humankind. But as G.K. Chesterton has said "The traveler sees what he sees. The tourist sees what he has come to see." This course looks at the representation of both travelers and the places travelled to in literature, exploring humanity's wayfaring wanderlust. Since the course is centered on journeys, it is important to situate texts from not only different geographical areas but also time periods. The expeditions that the characters undertake will be as much physical as mental. Students will be looking at traveling and adventure as a theme from narratives around the world exploring issues of gender, identity, and representation. They will also inquire into the ways in which these themes lend themselves to various genres: poetry, plays, short stories, quest narratives, epics, magical realism, and postmodernism.

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**Title:** Wanderlust Wayfaring Adventure

**Section:** H12  **CRN:** 23753  **Day/Time:** TR: 09:30 AM - 10:45 AM  **Room:** MDD 111  **Instructor:** Acharya, Disha

**Course Description:** Travel has always fascinated humankind. But as G.K. Chesterton has said "The traveler sees what he sees. The tourist sees what he has come to see." This course looks at the representation of both travelers and the places travelled to in literature, exploring humanity's wayfaring wanderlust. Since the course is centered on journeys, it is important to situate texts from not only different geographical areas but also time periods. The expeditions that the characters undertake will be as much physical as mental. Students will be looking at traveling and adventure as a theme from narratives around the world exploring issues of gender, identity, and representation. They will also inquire into the ways in which these themes lend themselves to various genres: poetry, plays, short stories, quest narratives, epics, magical realism, and postmodernism.

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**Title:** Women in Medieval France

**Section:** 047  **CRN:** 23652  **Day/Time:** TR: 12:30 PM - 01:45 PM  **Room:** HLG 405  **Instructor:** Wright, Monica

**Course Description:** The medieval period is among the most misunderstood in history. This course will debunk myths about the French Middle Ages generally and challenge misconceptions about the role women played during the era. We will look at a variety of different kinds of sources to discover what place women occupied in medieval French society and how they made significant contributions to their own time and to ours.
Title: Women Who Get Around

Section: 029    CRN: 23634    Day/Time: TR: 03:30 PM - 04:45 PM    Room: CLR 213    Instructor: Acharya, Disha

Course Description: Virginia Woolf said "Lock up your libraries if you like; but there is no gate, no lock, no bolt that you can set upon the freedom of my mind_." This powerful statement by Woolf not only highlights women's subject position but also offers inspiration to women to challenge gender norms and patriarchal institutions which seek to subjugate them. This course focuses on women writers from various races, ethnicities, sexual orientations, and historical periods representing women's experiences in the world through literature. The course will range across several genres of novels, novellas, poetry and drama exploring women's voices through history in literature. The course will be divided into themes of sexuality, marriage, motherhood, class, race, identity, and religion. We will also be looking at audio and video material such as films, interviews and documentaries by women writers and filmmakers.

Title: World Culture in Clothing

Section: 004    CRN: 23613    Day/Time: TR: 02:00 PM - 03:15 PM    Room: FGM 105    Instructor: Robeck, Jacquelene

Course Description: Investigation of clothing in multiple global societies reflecting the appreciation of diverse cultures, values, and issues.

Title: World Culture in Clothing

Section: 005    CRN: 23614    Day/Time: MW: 01:00 PM - 02:15 PM    Room: FGM 105    Instructor: Robeck, Jacquelene

Course Description: Investigation of clothing in multiple global societies reflecting the appreciation of diverse cultures, values, and issues.

Title: World Culture in Clothing

Section: 006    CRN: 23615    Day/Time: MW: 02:30 PM - 03:45 PM    Room: FGM 105    Instructor: Robeck, Jacquelene

Course Description: Investigation of clothing in multiple global societies reflecting the appreciation of diverse cultures, values, and issues.

Title: World Culture in Clothing

Section: H01    CRN: 23742    Day/Time: TR: 12:30 PM - 01:45 PM    Room: FGM 105    Instructor: Robeck, Jacquelene

Course Description: Investigation of clothing in multiple global societies reflecting the appreciation of diverse cultures, values, and issues.
History & Politics

Title: A Career in Civil Service
Section: 058  CRN: 23718  Day/Time: TR: 11:00 AM - 12:15 PM  Room: HLG 128  Instructor: Hanks, Timothy

Course Description: This course will help prepare you for a career in civil service. You will be introduced to all aspects of working for a government agency. It includes practical exercises and an overall view of expected “personnel” practices as a state employee.

Title: Allies for Diversity
Section: H07  CRN: 23748  Day/Time: MWF: 08:00 AM - 08:50 AM  Room: HLG 128  Instructor: Patton, Kara

Course Description: Our class explores controversial subjects and ideas through a historical perspective in an effort to understand and approach one another with compassion. Global challenges and domestic diversity influence our everyday decisions and growth, this class is designed to help us negotiate the evolution of those ideas and challenges.

Title: Badass Women
Section: H13  CRN: 23754  Day/Time: TR: 02:00 PM - 03:15 PM  Room: HLG 425  Instructor: Marceaux, Denise

Course Description: Do you believe men and women should have equal rights? If you do, this is the class for you because women and girls face barriers and disadvantages in every sector, but every sector can be transformed if women/girls and men/boys are given equal rights. In this class, we will learn about how women continue to be at a disadvantage, how access to basic human rights and protections are still denied to women and how this negatively effects everyone. We’ll learn how pop culture, laws, education, health care, and the media impact women’s overall status in society, and about women and men from all walks of life who are standing up. We’ll study poetry, essays, stories, and articles in order to learn how badasses are claiming their status. Along the way, you might surprise yourself and discover your passion.

Title: Codes of the Constitution
Section: H11  CRN: 23752  Day/Time: MWF: 09:00 AM - 09:50 AM  Room: HLG 128  Instructor: Patton, Kara

Course Description: One of our most profoundly important documents, the constitution, defines our roles as citizens of this country and this course will navigate the foundations and meaning of this extraordinary document.

Title: Criminal Justice in Reality
Section: 035  CRN: 23641  Day/Time: MW: 04:00 PM - 05:15 PM  Room: CLR 312  Instructor: Breaux, Sheree

Course Description: Students will dive into the world of criminal justice and related fields in order to assess what is needed to pursue a career in criminal justice and what paths to take to get them there.
Title: Mastering the Art of Diplomacy

Section: 063  CRN: 23723  Day/Time: MWF: 09:00 AM - 09:50 AM  Room: FGM 105  Instructor: Quebedeaux, Tyler

Course Description: This course is for students who aspire to know more about international relations and diplomacy. Students will embark on a full Model UN style simulation, roleplaying as a diplomat from a randomly assigned country. Students will learn public speaking and research skills and parliamentary procedures while becoming better acquainted with the complex issues facing our world today.

Title: Mastering the Art of Diplomacy

Section: 069  CRN: 24932  Day/Time: MWF: 10:00 AM - 10:50 AM  Room: FGM 105  Instructor: Quebedeaux, Tyler

Course Description: This course is for students who aspire to know more about international relations and diplomacy. Students will embark on a full Model UN style simulation, roleplaying as a diplomat from a randomly assigned country. Students will learn public speaking and research skills and parliamentary procedures while becoming better acquainted with the complex issues facing our world today.

Title: Sex, Race, & Society

Section: 027  CRN: 23632  Day/Time: MWF: 09:00 AM - 09:50 AM  Room: CLR 213  Instructor: Pogue, Rene

Course Description: This course is interdisciplinary by nature because it examines historical, psychological, sociological and political foundations of personal identity including sex, gender, race and ethnicity, and considers how social institutions, cultural norms and personal identity may collide to promote personal and social change. Events including Women's Equal Rights, Civil Rights, LGBTQ Rights and #MeToo movements will be examined. By critically examining through independent study, group activities, discussion of videos, current events, literature, film and social science research students are expected to get a taste of the basics of college learning in the core curriculum and develop a more informed world view.

Title: Sex, Race, & Society

Section: 028  CRN: 23633  Day/Time: MWF: 11:00 AM - 11:50 AM  Room: CLR 213  Instructor: Pogue, Rene

Course Description: This course is interdisciplinary by nature because it examines historical, psychological, sociological and political foundations of personal identity including sex, gender, race and ethnicity, and considers how social institutions, cultural norms and personal identity may collide to promote personal and social change. Events including Women's Equal Rights, Civil Rights, LGBTQ Rights and #MeToo movements will be examined. By critically examining through independent study, group activities, discussion of videos, current events, literature, film and social science research students are expected to get a taste of the basics of college learning in the core curriculum and develop a more informed world view.

Title: Sex, Race, & Society

Section: H08  CRN: 23749  Day/Time: MWF: 10:00 AM - 10:50 AM  Room: CLR 213  Instructor: Pogue, Rene

Course Description: This course is interdisciplinary by nature because it examines historical, psychological, sociological and political foundations of personal identity including sex, gender, race and ethnicity, and considers how social institutions, cultural norms and personal identity may collide to promote personal and social change. Events including Women's Equal Rights, Civil Rights, LGBTQ Rights and #MeToo movements will be examined. By critically examining through independent study, group activities, discussion of videos, current events, literature, film and social science research students are expected to get a taste of the basics of college learning in the core curriculum and develop a more informed world view.
Leadership & Engagement

Title: Emerging Issues in Athletics

Section: 075        CRN: 23733        Day/Time: MWF: 10:00 AM - 10:50 AM        Room: TBA        Instructor: Bradford, Tambria

Course Description: The world of intercollegiate athletics is constantly growing and changing. This first year seminar is designed to introduce student-athletes to the emerging issues in intercollegiate athletics. Student-athletes are reviewed under NCAA academic regulations, under the constant scrutiny of the media and often unprepared for the day to day challenges of college life. This course will look at NCAA academic continuing eligibility standards while also addressing issues that are unique and specific to college athletics. We will debate controversial topics facing collegiate athletics such as the NCAA governance structure, Autonomy, academic integrity, pay for play model, value of a grant in aid agreement, likelihood of playing professional sports.

Title: Emerging Issues in Athletics

Section: 076        CRN: 23734        Day/Time: MWF: 08:00 AM - 08:50 AM        Room: TBA        Instructor: TBA

Course Description: This course is a three (3) credit course designed to introduce students to the emerging issues in intercollegiate athletics. Should student-athletes be paid to play? How does the new NCAA governance structure affect the student-athlete experience? Should competitive equity be maintained? How does autonomy of the Big 5 conferences affect Division I sports? How many student-athletes will make it to the next level? Throughout the course, we will debate these issues while also mastering an understanding of NCAA academic continuing eligibility standards required to maintain eligibility for practice and competition. We will evaluate the benefits and costs of education in order to develop sound money management practices that are beneficial to student-athletes who receive athletics aid or other sources of aid.

Title: Emerging Issues in Athletics

Section: 078        CRN: 24934        Day/Time: TR: 12:30 PM - 01:45 PM        Room: TBA        Instructor: Leger, Jessica

Course Description: Throughout the course, students will debate current issues facing collegiate athletics while also mastering an understanding of NCAA academic continuing eligibility standards required to maintain eligibility for practice and competition. Course topics include: student-athletes in the media, library resources, professor expectations and communication, career management, financial management, Sports Wagering, myths of college athletics, cost-of-attendance, pay for play, amateurism, name/image/likeness, hazing prevention, injuries and concussions, Title IX, time management, nutrition, and mental health. Students will also engage and reflect upon a community outreach experience.

Title: Emerging Issues in Athletics

Section: 066        CRN: 23726        Day/Time: TR: 08:00 AM - 09:15 AM        Room: TBA        Instructor: Jennings, Ashlee

Course Description: The world of intercollegiate athletics is constantly growing and changing. This first year seminar is designed to introduce student-athletes to the emerging issues in intercollegiate athletics. Student-athletes are reviewed under NCAA academic regulations, under the constant scrutiny of the media and often unprepared for the day to day challenges of college life. This course will look at NCAA academic continuing eligibility standards required to maintain eligibility for practice and competition while also addressing time management issues that are unique and specific to the student-athlete population. We will evaluate the benefits and costs of education in order to develop money management practices that are beneficial to student-athletes receiving athletic aid as well as money management practices beyond collegiate athletics. In addition, we will debate controversial topics facing collegiate athletics such as the NCAA governance structure, autonomy, pay for play model, value of a grant in aid agreement, likelihood of playing professional sports.
Title: History & Traditions of UL
Section: 050  CRN: 23655  Day/Time: TR: 02:00 PM - 03:15 PM  Room: MDD 106  Instructor: Sarver, Kyle

Course Description: Students will learn about the history of the University from its humble beginnings as the Southwestern Louisiana Industrial Institute all the way through present day at the University of Louisiana at Lafayette. We will also utilize the Louisiana Room and the University Archives and Manuscripts Collection in Dupre Library to have a better understanding of where the University started from and how it has continued to grow through the decades. The students will research the University’s history in order to identify times of growth and expansion for the University, while also making connections between the growth and significant time periods in Louisiana and US History.

Title: Leadership for a Better World
Section: 030  CRN: 23635  Day/Time: TR: 09:30 AM - 10:45 AM  Room: HLG 128  Instructor: Perez, Margarita

Course Description: Did you know leadership is about a process not a position? The Social Change model is designed to enhance the development of leadership qualities in all students - those who hold formal leadership positions as well as those who do not. In this course, students will learn about the process of leadership. More specifically, students will develop greater understanding of one's talents, values, and interests, especially as these relate to the student’s capacity to provide effective leadership and the capacity to mobilize oneself and others to serve and to work collaboratively.

Title: Learning Leadership
Section: 045  CRN: 23650  Day/Time: MWF: 11:00 AM - 11:50 AM  Room: RAND 110  Instructor: Lindsey, Heidie

Course Description: This UNIV 100 Section is designed for students interested in learning about leadership and specifically understanding the Five Exemplary Practices of Leadership and how to integrate these practices into their daily life and involvement experiences. Through readings, lectures, exercises and projects students will learn the theoretical and practical aspects of leadership.

Title: Movies, Tom Hanks & Leadership
Section: 048  CRN: 23653  Day/Time: MWF: 10:00 AM - 10:50 AM  Room: HLG 128  Instructor: Zerangue, Gregory

Course Description: This course uses contemporary movies to study leadership values and principles. Many popular movies are excellent case studies of leaders who exhibit extraordinary leadership behaviors. Course activities will encourage students to think deeply about the important role leadership plays in our world. Course objectives include: students will understand the processes of leadership; students will recognize the important role leadership plays in community change; students will recognize the characteristics of effective leaders; and students will recognize the difficult challenges of leadership. Students will review various leadership theory illustrated within films and discuss leadership lessons.

Title: Podcasts Lessons for Success
Day/Time: MW: 01:00 PM - 02:15 PM  Room: RAND 110  Instructor: Aldana, Maylen

Course Description: During this class, students will review topics necessary to be successful during the first year at ULL. The class will listen to podcasts from different podcasters that will cover topics such as time management, making friends, nutrition and growth, connecting with others, budgeting, and study skills. Additionally, the class will attend campus events together to learn about the essential resources on the campus.
Title: The Places You’ll Go

Section: 096  CRN: 23863  Day/Time: TR: 11:00 AM – 12:15 PM  Room: MX 103  Instructor: Bowles, Lisa

Course Description: During this class, students will review topics necessary to be successful during the first year at ULL. The class will listen to podcasts from different podcasters that will cover topics such as time management, making friends, nutrition and growth, connecting with others, budgeting, and study skills. Additionally, the class will attend campus events together to learn about the essential resources on the campus.

Living Learning Communities

Title: Living Learning Communities

Course Description: Designed for students who are participating in the living learning community (LLC) program. These sections are identified with an L in front of the section number. Only first-year students who have previously signed up for the LLC program through housing can take these courses.

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<tr>
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<td>HLG 425</td>
<td>Bekhet, Ahmed</td>
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Mastering the First Year

Title: Mastering the First Year

Course Description: Designed for incoming freshmen and the student in transition, the course objective is to help students navigate the first-year experience through student engagement, campus involvement, academic planning and adjustment, and connections to the culture that inspires Ragin' Pride. Some of the lessons learned in the course include time management, study skills, campus resources, financial and physical health and positive actions that lead to academic and personal success. Through course readings, written and oral reflections, group activities, and presentations, students should gain a greater awareness of their role as a student and the path that leads to academic success.

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<td>Beasley, Thomas</td>
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<td>092</td>
<td>24935</td>
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<td>JLF 209H</td>
<td>Crain, Lori</td>
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</table>
**Popular Culture**

**Title:** Adulting in College

**Course Description:** Adulting in College is designed to help students with the transition into adulthood. This course will focus on a variety of life skills and lessons such as: time management, career and major exploration, physical and mental health, current events, conflicts & controversies, vehicle maintenance and safety, and many more. This course is built around hands-on activities and open class discussions.
Title: Adulting in College

Section: 008   CRN: 24806   Day/Time: TR: 11:00 AM - 12:15 PM   Room: FGM 105   Instructor: White, Jessica

Course Description: Adulting in College is designed to help students with the transition into adulthood. This course will focus on a variety of life skills and lessons such as: time management, career and major exploration, physical and mental health, current events, conflicts & controversies, vehicle maintenance and safety, and many more. This course is built around hands-on activities and open class discussions.

Title: Adulting: Becoming a Grown Up

Section: 054   CRN: 23659   Day/Time: MWF: 12:00 PM - 12:50 PM   Room: TBA   Instructor: Ducrest, Rebecca

Course Description: This course focuses on developing necessary skills to meet the demands of life for college and beyond. Adulting: Become a Grown Up builds knowledge, skills, attitudes, and behaviors you will need as you prepare to take the next steps toward adulthood in today's ever-changing society. Topics include living independently, relationship skills, financial management, consumer choices and decision making related to nutrition and wellness, clothing, and housing. Developing these skills will help you become a well-rounded, successful college student.

Title: American Dream in Film & Music

Section: H04   CRN: 23745   Day/Time: MW: 01:00 PM - 02:15 PM   Room: HLG 128   Instructor: Daspit, Toby

Course Description: Students will investigate the American Dream - defined as the steady, though complicated, idea that every citizen has the equal right to life, liberty, and the pursuit of happiness -- by critically exploring American music and film.

Title: Hot Topics Discussion

Section: H02   CRN: 23743   Day/Time: TR: 03:30 PM - 04:45 PM   Room: FGM 203   Instructor: White, Jessica

Course Description: There are several hot topics within our society and around the world. This discussion-based class will focus on variety of controversial topics. Many people fear the discussion of hot topics; however having these discussions promotes communication and critical thinking skills, tolerance of different perspectives, and cultural awareness. The goal of this course is to open your mind, not to change your mind.

Title: Hot Topics in Discussion

Section: 009   CRN: 23617   Day/Time: TR: 02:00 PM - 03:15 PM   Room: FGM 203   Instructor: White, Jessica

Course Description: There are several hot topics within our society and around the world. This discussion-based class will focus on variety of controversial topics. Many people fear the discussion of hot topics; however having these discussions promotes communication and critical thinking skills, tolerance of different perspectives, and cultural awareness. The goal of this course is to open your mind, not to change your mind.
Title: Sneakerology

Section: 080    CRN: 23737    Day/Time: MW: 02:30 PM - 03:45 PM    Room: CLR 213    Instructor: Eble, Michael

Course Description: In this course, students will explore the modern history of Sneakers, by surveying the cultural relevance of sneakers through advertising, sports, fashion, design and music. Additionally students will also discuss sneaker culture, the formal designs of sneakers, how they are produced, and the personal connections individuals make between their identity and the sneakers on their feet. UNIV 100 has also been designed to help you maximize their success in college by addressing a variety of issues that often lead to failure or withdrawal as well as providing you with information and strategies to enhance your academic success.

Title: Sneakerology

Section: H03    CRN: 23744    Day/Time: MW: 01:00 PM - 02:15 PM    Room: CLR 213    Instructor: Eble, Michael

Course Description: In this course, students will explore the modern history of Sneakers, by surveying the cultural relevance of sneakers through advertising, sports, fashion, design and music. Additionally students will also discuss sneaker culture, the formal designs of sneakers, how they are produced, and the personal connections individuals make between their identity and the sneakers on their feet. UNIV 100 has also been designed to help you maximize their success in college by addressing a variety of issues that often lead to failure or withdrawal as well as providing you with information and strategies to enhance your academic success.

Title: U.S. TV: Pop Culture & History

Section: H09    CRN: 23750    Day/Time: MW: 02:30 PM - 03:45 PM    Room: MDD 111    Instructor: Thibodeaux, Shawn

Course Description: Students will learn how to analyze and interrogate their understanding of American culture and society through the medium of television. While television shows can at times be devoid of explicit rhetoric, students will learn that popular culture almost always acts as a commentary to a society’s values and cultural norms. Thus, much can be gleaned from television shows regarding the changing nature of American society, including such topics as race, gender, sexuality, standard of living, politics, religion, and entertainment itself. The class will examine these different facets of American society and culture as they’ve changed and evolved from the 1950s to the present day, including the transition to reality television. By classes end, students will possess the ability to think critically about television programming and how American culture is reflected through the entertainment medium while acknowledging what makes or doesn't make a television show entertaining.

Title: Vampires are Us

Section: 023    CRN: 24936    Day/Time: MW: 02:30 PM - 03:45 PM    Room: HLG 128    Instructor: Daspit, Toby

Course Description: Vampires depicted in movies and television shows hold a particular fascination for 21st century audiences, as they have since the invention of cinema. The history of vampires in movie theaters and our living rooms is a history of (post)modern society, its fears and its hopes. This course traces the evolution of vampires in film and television, from Nosferatu (1922) through the Twilight (2008-10) trilogy, and beyond. Particular attention will be paid to vampire (and other monster) movies/shows (e.g. Buffy the Vampire Slayer movie [1994] and TV series [1996-2003]) that explore the complexities of growing up in contemporary America.
STEM & Health

Title: 7 Dimensions of Wellness

Section: 056  CRN: 23716  Day/Time: MW: 02:30 PM - 03:45 PM  Room: MDD 106  Instructor: Fusilier, Kristy

Course Description: 7 Dimensions of Health and Wellness to include alcohol, relationships, mental, social, spiritual, academic, & occupational dimensions related to student health and success.

Title: Addiction, It's an Epidemic

Section: 018  CRN: 23625  Day/Time: TR: 09:30 AM - 10:45 AM  Room: MDD 106  Instructor: Daugereaux, Rebekah

Course Description: The real epidemic of the 21st century; the truth about substance abuse nobody is talking about. Michael Jackson, Demi Lovato, Lady Gaga are iconic musicians, but that is not the only thing these celebrities have in common, they have all struggled with drug and alcohol related problems. This course is designed to educate students on the truth about the disease of addiction, the risks associated with social use and abuse, and how to make healthier choices. Students will learn about how substance abuse affects the body, mind, and spirit and the potential long-term consequences of heavy abuse. The course will discuss popular topics such as college partying, legalizing marijuana, and ADD/ADHD medications. This class is designed to better educate students on the effects of substances on their body and brain and assist them in making educated choices during a time in their life filled with social pressures, experimentation, and high stress.

Title: Addiction, It’s an Epidemic

Section: 019  CRN: 24933  Day/Time: TR: 11:00 AM - 12:15 PM  Room: MDD 106  Instructor: Daugereaux, Rebekah

Course Description: The real epidemic of the 21st century; the truth about substance abuse nobody is talking about. Michael Jackson, Demi Lovato, Lady Gaga are iconic musicians, but that is not the only thing these celebrities have in common, they have all struggled with drug and alcohol related problems. This course is designed to educate students on the truth about the disease of addiction, the risks associated with social use and abuse, and how to make healthier choices. Students will learn about how substance abuse affects the body, mind, and spirit and the potential long-term consequences of heavy abuse. The course will discuss popular topics such as college partying, legalizing marijuana, and ADD/ADHD medications. This class is designed to better educate students on the effects of substances on their body and brain and assist them in making educated choices during a time in their life filled with social pressures, experimentation, and high stress.

Title: Finding You

Section: 062  CRN: 23722  Day/Time: TR: 12:30 PM - 01:45 PM  Room: CLR 213  Instructor: Polito, Carol

Course Description: This course is designed to assist you in finding the answer to two major questions: Who am I? and What should I do with my life? Course topics include: skills and interests (What can I do? What do I love to do?); values (What is important to me?); goals (Where do I want to be, and what do I hope to be doing, in the next five or ten years?), and purpose (What do I hope to accomplish in my lifetime?). Course readings, reflections and exercises will be drawn from Richard Bolles' (2015) book, "What Color is Your Parachute?", and from other contemporary work. Additionally, students will participate in small group discussions, writing assignments, and projects related to their specific interests, and will explore careers related to those interests.
Title: Finding You
Section: 070        CRN: 23729        Day/Time: TR: 02:00 PM - 03:15 PM        Room: CLR 213        Instructor: Polito, Carol

Course Description: This course is designed to assist you in finding the answer to two major questions: Who am I? and What should I do with my life? Course topics include: skills and interests (What can I do? What do I love to do?); values (What is important to me?); goals (Where do I want to be, and what do I hope to be doing, in the next five or ten years?), and purpose (What do I hope to accomplish in my lifetime?). Course readings, reflections and exercises will be drawn from Richard Bolles' (2015) book, "What Color is Your Parachute?" and from other contemporary work. Additionally, students will participate in small group discussions, writing assignments, and projects related to their specific interests, and will explore careers related to those interests.

Title: Self Awareness
Section: 051        CRN: 23656        Day/Time: M: 05:00 PM - 07:30 PM        Room: FGM 105        Instructor: Broussard, Jessie

Course Description: UNIV 100 has been designed to help you maximize their success in college by addressing a variety of issues that often lead to failure or withdrawal as well as providing you with information and strategies to enhance your academic success. In this course, students will learn the importance of Self Efficacy. In addition, students will participate in scenarios /role-play. We will explore self, ones qualities and faults. Through a critical self-analysis process, students will emerge from this course better informed and more confident in their understanding of the self.

Title: Self-Care 101
Section: 049        CRN: 23654        Day/Time: TR: 03:30 PM - 04:45 PM        Room: CLR 312        Instructor: Covington, Emily

Course Description: "Self-Care 101: Finding Joy & Rejuvenation" will explore self-care and how it can help you to become the strongest and most energized college student that you can be. Self-care involves more than just bubble baths and meditation; it is about determining what brings you joy and rejuvenates your soul. Throughout this course, we will explore the nine dimensions of wellness, the on-campus resources and services related to those dimensions, and how you can find self-care in each. By the end of this course, you'll have all of the insight you need to fill your cup so that you aren't trying to pour from an empty one.

The World of Business

Title: Business for Everyone
Section: 024        CRN: 23629        Day/Time: MWF: 09:00 AM - 09:50 AM        Room: MDD 106        Instructor: LeVasseur, Jane

Course Description: This course will allow students to learn core goals of business including but not limited to accounting, finance, marketing, management and economics. Students will learn how to start up a small business and discover how to write a business plan for their new venture. Through course lecture and required reading, they will investigate answers to questions they may have regarding the success and failures of past and present businesses.
Title: Business for Everyone

Section: H05   CRN: 23746   Day/Time: MWF: 08:00 AM - 08:50 AM   Room: MDD 106   Instructor: LeVasseur, Jane

Course Description: This course will allow students to learn core goals of business including but not limited to accounting, finance, marketing, management and economics. Students will learn how to start up a small business and discover how to write a business plan for their new venture. Through course lecture and required reading, they will investigate answers to questions they may have regarding the success and failures of past and present businesses.

Title: Intro to Personal Finance

Section: 001   CRN: 23610   Day/Time: MWF: 12:00 PM - 12:50 PM   Room: FGM 203   Instructor: Brown, Markashia

Course Description: UNIV 100 has been designed to help you maximize your success in college by addressing a variety of issues that often lead to failure or withdrawal as well as providing you with information and strategies to enhance your academic success. Personal Finances 101 is an introductory course on how to manage your personal finances. Key topics of discussion will be budgeting, saving, investing, balancing your checkbook, good credit vs. bad credit, and managing debt effectively. This course is designed to aid students in getting and keeping their finances in check.

Special / Restricted Sections

Some sections of UNIV 100 have special requirements or are restricted to certain populations. Please note the instructions for each group.

Honors Sections: Honors sections are open to all students, but students in the Honors Program may count any one of these sections of UNIV 100 towards their Honors' curriculum. Classes with section numbers beginning with an H (e.g. H01, H20), are honors section. These sections are distinguished by an emphasis on student-led, active learning, critical thinking, and presentations. Honors LLC students must take an honors section of UNIV 100.

Student Athletes: Student athletes should talk to their academic advisor about UNIV 100. They have likely already put you into a section.

Living Learning Communities: These students have already been added to the relevant UNIV 100 section. They may not change their schedule without dropping out of the Living Learning Community (which will change their housing assignment). Students in the Engineering, Nursing, Business, and Travel, Language, and Culture LLCs also have one or two additional courses on their schedules—they are in a cohort program and will need to stay in all of the courses already scheduled for them. If you have a conflict between one of the classes already added to your schedule and something else you need, please work with the LLC Advisor (Dr. Beth Giroir, elizabeth.giroir@louisiana.edu) before making any changes.

Online Section: First-time freshmen in fully online degree programs are required to take this section (X01). There is an additional ELearn course fee ($30/credit hour, $90 in total) associated with registering for the online section of this course. This E-Learn fee is in addition to the UNIV 100 course fee of $95.00. Students who will be attending classes on campus may sign up for the online section (especially recommended if they have a full schedule of classes and cannot find an open section of UNIV 100). However, students who are attending classes on campus should plan to attend the Cajun Connection class day (August 16, 2018) and all students registering for the online section should ensure that they are ready to succeed in an online environment. For more information on online readiness, please refer students to the self-assessment provided by the Office of Distance Learning: http://ullafayette.smartermeasure.com/