

Lifetime Recreation

Living Learning Community

2018-2019

Do you pursue an active lifestyle? Enjoy working out, sports and the outdoors? This LLC is for you. The Lifetime Recreation LLC is a dynamic community of students for students interested in learning about themselves through activities that will build meaningful relationships and develop healthy lifestyle habits. Students will explore health related concepts and learn about a variety of recreational activities that can be done throughout their lives to achieve personal goals for health and fitness.



LLC Location

Coronna Hall

Entrance Requirements

There is no ACT requirement for this LLC. Please review the [2018-2019 Living Learning Community Expectations](#).

Required Majors

This LLC is open to all majors.

Course Connections

Lifetime Recreation LLC students will take the following classes together:

Fall: UNIV 100 - Freshman Seminar

Events and Programs

- Rec Fest
- UL Building Your Body Program
- Healthy Eating
- Improptu Frisbee and Football
- Rock Wall/Pool and Pizza
- Tour of Red's Health Club
- Coping with Stress with Yoga
- Paintball
- Going to Sporting Events
- Football Night

Questions

For any questions relating to Living Learning Communities, please call or email:

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<https://firstyear.louisiana.edu/get-involved/living-learning-communities/lifetime-recreation>