

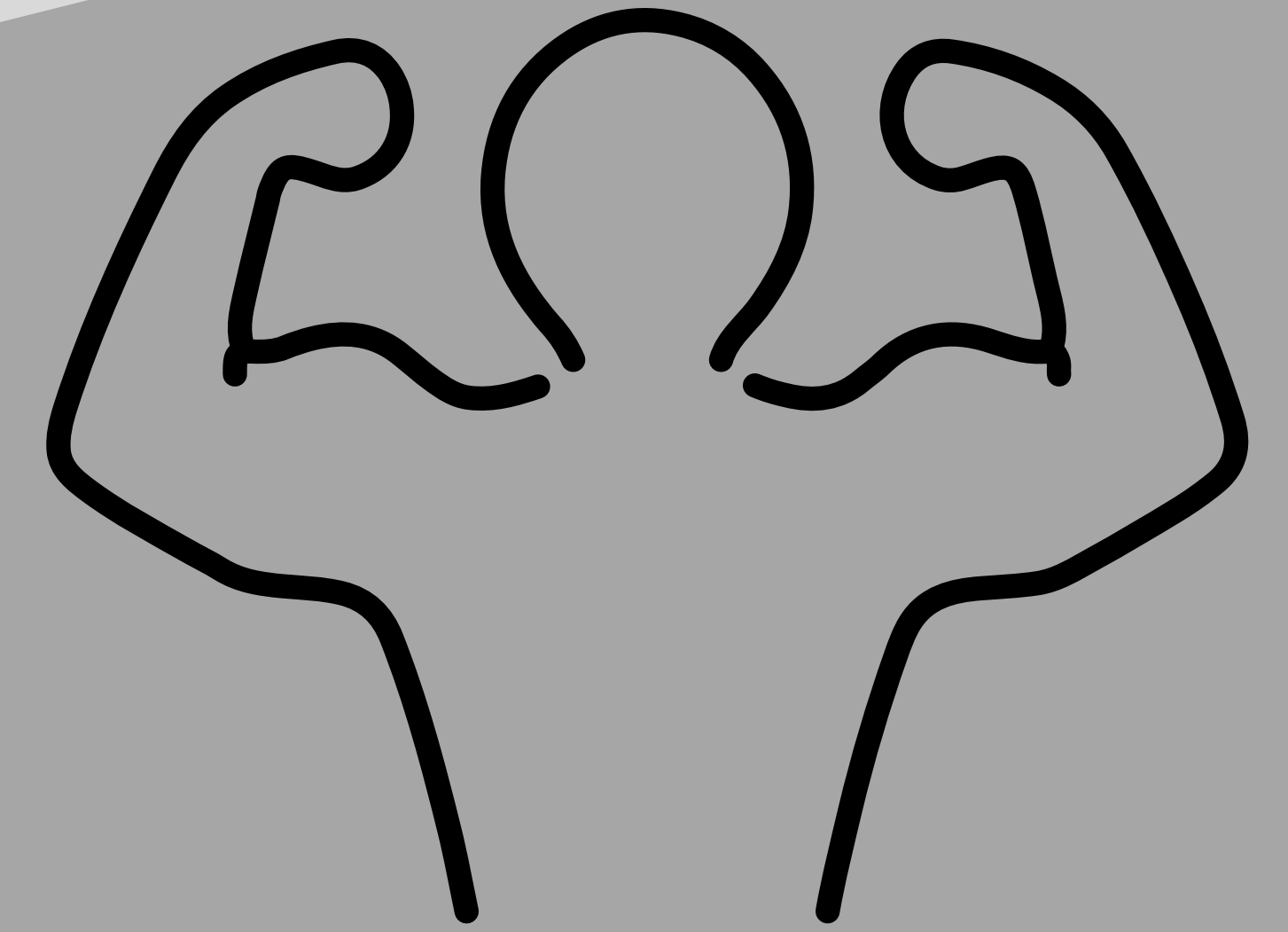
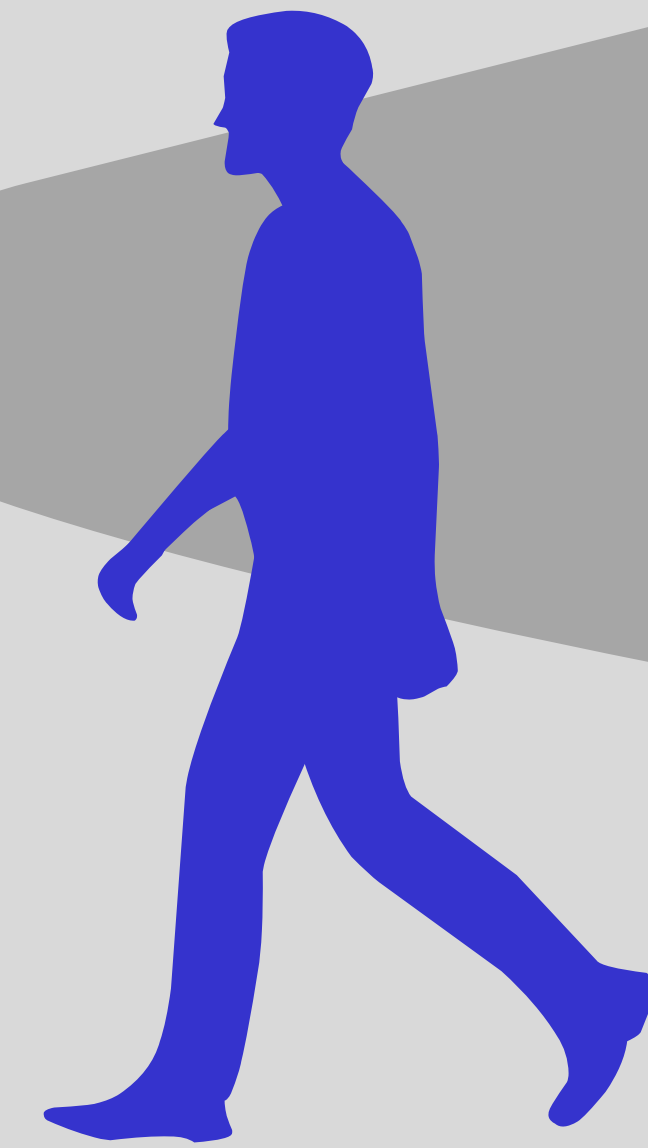
Good Health is Key to Conquering your College Journey

Everyone is on their own path to conquering their College Journey



ASKING FOR HELP IS OK

LET'S TALK ABOUT MENTAL HEALTH



“There’s only one you... one special, amazing, and unique individual”

“Mental health is not a destination, it’s a journey”

“Allow yourself to be happy every day”