

UNIV 100

Course Catalog

Fall 2021

UNIV 100 courses for the Fall 2021 semester are organized into themes and then by topic. We recommend that you browse this catalog and note those courses that interest you and that fit your schedule.

All sections beginning with an H (e.g. H01, H20) are designated as honors sections

<u>Course Theme:</u>	<u>Page:</u>
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Choose your UNIV 100 Section

Every first-year Ragin' Cajun is required to take UNIV 100 (First-Year Seminar), but unlike many of your other required courses, you may get to select a section of your choice. Instructors have designed these sections based on their passion and expertise. The class size is small, so you will be with other students you are excited about the same topic. You'll get to know your classmates and have a Peer Mentor to help you adjust to college-life academics and life. Take some time, explore the catalog, and choose a section before registering so your UNIV 100 course will be a good fit!

Start by going to our website: firstyear.louisiana.edu/univ100catalog

Note the CRN numbers for the classes you are most interested in:

Course Title	Section	CRN	Days & Times	Room	Instructor
Mastering the First Year	033	24605	M 2:30-3:45P	HLG 504	White, Jessica

Honors Sections
 Look for course sections marked with an 'H.' Anyone can enroll in an Honors section. If you're in the Honors Program, you will receive honors credit for the course.

Louisiana Educate Program
 Check with your advisor about UNIV 100. You may already be registered in a section.

Please note: Your Academic Advisor may require you to register for Mastering the First Year. This course will improve your knowledge and skills to be successful in your courses and your transition into college.



Living Learning Community (except Honors LLC)
 You do not need to register for UNIV 100. This class has been added to your schedule specific to your LLC. Questions? Email Dr. Beth Giroir: elizabeth.giroir@louisiana.edu

Student Athletes
 Talk to your academic advisor about UNIV 100, you may already be in a section.



Art & Music

Title: The History of Rock and Roll

Section: 048 **CRN:** TBA **Day/Time:** TR: 02:00 PM - 03:15 PM **Room:** CLR 312 **Instructor:** TBA

Course Description: This course explores the origins and development of one of the most popular forms of modern musical expression: Rock and Roll - primarily as it unfolded in the United States, from the period just prior to its emergence (pre-1955) to the end of the 1960s. Topics include the origins of the genre in the southern United States coming out of a mix of popular jazz, rhythm & blues, and country & western music; the commercialization of rock music; the transformation of African-American music for white audiences; and the British Invasion. Emphasis will be placed both on cultural context and on the music itself. We will also explore how developments in the music business and in technology helped shaped the ways in which various styles developed.



Title: Design Redefined

Section: 021 **CRN:** TBA **Day/Time:** MWF: 11:00 AM - 11:50 AM **Room:** HGL 504 **Instructor:** TBA

Course Description: From historic preservation to twenty-first century efforts in resource conservation, designers influence public perceptions of what is required, acceptable, and desirable while they create the physical components of everyday life. This course will look at what defines historic preservation as well as the multiple facets of environmentally conscious designs and designers throughout history. While incorporating basic college success tactics, such as time-management, goal setting, research, and career services, the course will focus on earth-friendly designs and designers, primarily architecture, interior design, and industrial design but also looking into fashion, film, engineering, advertising, landscaping, and every-day life. Student teams will be asked to propose a simple design for campus seating (chair or bench) that they can construct and which incorporates principles and materials for recycled design that they learned in the course.



Title: Design Redefined

Section: 022 **CRN:** TBA **Day/Time:** MWF: 10:00 AM - 10:50 AM **Room:** HGL 504 **Instructor:** TBA

Course Description: From historic preservation to twenty-first century efforts in resource conservation, designers influence public perceptions of what is required, acceptable, and desirable while they create the physical components of everyday life. This course will look at what defines historic preservation as well as the multiple facets of environmentally conscious designs and designers throughout history. While incorporating basic college success tactics, such as time-management, goal setting, research, and career services, the course will focus on earth-friendly designs and designers, primarily architecture, interior design, and industrial design but also looking into fashion, film, engineering, advertising, landscaping, and every-day life. Student teams will be asked to propose a simple design for campus seating (chair or bench) that they can construct and which incorporates principles and materials for recycled design that they learned in the course.



Title: Photography: History Reframed

Section: H02 **CRN:** TBA **Day/Time:** TR: 11:00 AM - 12:15 PM **Room:** MDD 106 **Instructor:** TBA

Course Description: From historic preservation to twenty-first century efforts in resource conservation, designers influence public perceptions of what is required, acceptable, and desirable while they create the physical components of everyday life. This course will look at what defines historic preservation as well as the multiple facets of environmentally conscious designs and designers throughout history. While incorporating basic college success tactics, such as time-management, goal setting, research, and career services, the course will focus on earth-friendly designs and designers, primarily architecture, interior design, and industrial design but also looking into fashion, film, engineering, advertising, landscaping, and every-day life. Student teams will be asked to propose a simple design for campus seating (chair or bench) that they can construct and which incorporates principles and materials for recycled design that they learned in the course.

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Culture & Literature

Title: Coming of Age Narratives

Section: 051 **CRN:** TBA **Day/Time:** MW: 05:30 PM - 06:15 PM **Room:** CLR 213 **Instructor:** TBA

Course Description: Coming of age narratives, formally called "bildungsroman;" focus on the journey to adulthood or enlightenment. Often this journey is predicated on learning something new and life-changing; while simultaneously being painful and destabilizing to one's own sense of self and understanding of the world. By engaging fiction, and other forms of media such as film, television and music, we will look at the way various writers have addressed the exhilarating and life-altering experience of "growing up." Students will read course materials from texts that I will provide for you, as well as from other resources provided and posted on Moodle by the instructor.

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Title: Film and Literature

Section: 052 **CRN:** TBA **Day/Time:** TR: 05:30 PM - 06:45 PM **Room:** CLR 213 **Instructor:** TBA

Course Description: In this course, students will learn the basics of film adaptation/adaptation theory. They will not only analyze a range of literature but their subsequent films, as well. Student will explore a spectrum that ranges from true adaptations (window) to inspirations (frame/mirror). Through this class, students will be able to approach entertainment with analytical thinking, seeing not only a process between text and screen, but a deeper significance into WHY the text is adapted the way it is.

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Title: Man's Search for Meaning

Section: H12 **CRN:** TBA **Day/Time:** MWF: 10:00 AM - 10:50 AM **Room:** FGM 105 **Instructor:** TBA

Course Description: Pragmatism, Self-Care, and Meaningfulness make up the sections for this course. The first part teaches us basic things needed to “adult” like time management, writing a resume and a research paper, or paying bills, etc.; the second part gives us background and skills in our social and emotional needs known as “self-care”; and the third part uses psychology, philosophy, and literature readings to discuss how we find our meaning in the world. Over the semester students read Victor Frankl’s Man’s Search for Meaning and create their own journey toward meaningfulness while they attend 1 cultural event and keep a nature journal as they work to understand their “being in the world.”

Title: World Culture in Clothing

Section: 007 **CRN:** TBA **Day/Time:** TR: 09:30 AM - 11:00 PM **Room:** FGM 105 **Instructor:** Robeck, Jacqueline M.

Couse Description: Investigation of clothing in multiple global societies reflecting the appreciation of diverse cultures, values, and issues.

Title: World Culture in Clothing

Section: 008 **CRN:** TBA **Day/Time:** MW: 11:00 PM - 12:15 PM **Room:** FGM 105 **Instructor:** Robeck, Jacqueline M.

Couse Description: Investigation of clothing in multiple global societies reflecting the appreciation of diverse cultures, values, and issues.

Title: World Culture in Clothing

Section: 005 **CRN:** TBA **Day/Time:** MW: 01:00 PM - 02:15 PM **Room:** FGM 105 **Instructor:** Robeck, Jacqueline M.

Couse Description: Investigation of clothing in multiple global societies reflecting the appreciation of diverse cultures, values, and issues.

Title: World Culture in Clothing

Section: 006 **CRN:** TBA **Day/Time:** MW: 02:30 PM - 03:45 PM **Room:** FGM 105 **Instructor:** Robeck, Jacqueline M.

Couse Description: Investigation of clothing in multiple global societies reflecting the appreciation of diverse cultures, values, and issues.

History & Politics

Title: Badass Women

Section: H08 **CRN:** TBA **Day/Time:** MW: 01:00 PM - 02:15 PM **Room:** HLG 504 **Instructor:** TBA

Course Description: Do you believe men and women should have equal rights? If you do, this is the class for you because women and girls face barriers and disadvantages in every sector, but every sector can be transformed if women/girls and men/boys are given equal rights. In this class, we will learn about how women continue to be at a disadvantage, how access to basic human rights and protections are still denied to women and how this negatively effects everyone. We'll learn how pop culture, laws, education, health care, and the media impact women's overall status in society, and about women and men from all walks of life who are standing up. We'll study poetry, essays, stories, and articles in order to learn how badasses are claiming their status. Along the way, you might surprise yourself and discover your passion.

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Title: Badass Women

Section: 016 **CRN:** TBA **Day/Time:** MW: 02:30 PM - 03:45 PM **Room:** HLG 504 **Instructor:** TBA

Course Description: Do you believe men and women should have equal rights? If you do, this is the class for you because women and girls face barriers and disadvantages in every sector, but every sector can be transformed if women/girls and men/boys are given equal rights. In this class, we will learn about how women continue to be at a disadvantage, how access to basic human rights and protections are still denied to women and how this negatively effects everyone. We'll learn how pop culture, laws, education, health care, and the media impact women's overall status in society, and about women and men from all walks of life who are standing up. We'll study poetry, essays, stories, and articles in order to learn how badasses are claiming their status. Along the way, you might surprise yourself and discover your passion.

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Title: Criminal Justice in Reality

Section: 020 **CRN:** TBA **Day/Time:** MW: 01:00 PM - 02:15 PM **Room:** HLG 128 **Instructor:** TBA

Course Description: Students will dive into the world of criminal justice and related fields in order to assess what is needed to pursue a career in criminal justice and what paths to take to get them there.

Leadership & Engagement

Title: Deliberate Living: Tiny House

Section: 023 **CRN:** TBA **Day/Time:** TR: 02:00 PM - 03:15 PM **Room:** FGM 105 **Instructor:** TBA

Course Description: Explore the issues that are driving the tiny house movement today and examining historical precedents. These include concepts of necessity, luxury, sustainability, recycling, environmentalism, economics, and social responsibility. Examine the motivations to live deliberately, to challenge the intrinsic nature of living. Current proponents of tiny houses confront consumerism and the necessity of things. Tiny houses question the status quo of expressing wealth through things with the proposition to use what you need rather than what can be afforded.



Title: Student Success via Podcast

Section: H11 **CRN:** TBA **Day/Time:** MWF: 09:00 AM - 09:50 AM **Room:** FGM 105 **Instructor:** TBA

Course Description: Through listening to various podcasts, you will learn from the best leaders who have been successful in communication, time management, money management, relationships, health and wellness, as well as learning essential skills to make the most of your first year as a college student. In this course, we will listen to podcasts and take the points addressed in those podcast to help you master your college experience.



Title: Black Male Leadership

Section: 029 **CRN:** TBA **Day/Time:** TR: 02:00 PM - 03:15 PM **Room:** CLR 213 **Instructor:** TBA

Course Description: This course focuses on leadership as defined by and for males in the Black community. Topics will include various definitions of "manhood," expectations of Black men (both within and outside of the Black community), issues of racial profiling, cross-generational differences, and more. We'll look at role models and mentors for Black men and discuss contemporary issues such as health awareness and disparities among Black male populations, entrepreneurship, financial literacy, and Black Lives Matter. Additionally, we'll discuss interpersonal and political issues, including political activism, domestic violence, and respect towards women. Students in this course will engage in community service as well as campus/student engagement.



Title: Emerging Issues in Athletics

Section: 030 **CRN:** TBA **Day/Time:** MWF: 08:00 AM - 08:50 AM **Room:** D 351 **Instructor:** TBA

Course Description: The world of intercollegiate athletics is constantly growing and changing. This first year seminar is designed to introduce student-athletes to the emerging issues in intercollegiate athletics. Student-athletes are reviewed under NCAA academic regulations, under the constant scrutiny of the media and often unprepared for the day to day challenges of college life.. This course will look at NCAA academic continuing eligibility standards while also addressing issues that are unique and specific to college athletics. We will debate controversial topics on collegiate athletics such as the NCAA governance structure, Autonomy, academic integrity, pay for play model, value of a grant in aid agreement, likelihood of playing professional sports.

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Title: Emerging Issues in Athletics

Section: 031 **CRN:** TBA **Day/Time:** TR: 11:00 AM - 12:15 PM **Room:** D 351 **Instructor:** TBA

Course Description: The world of intercollegiate athletics is constantly growing and changing. This first year seminar is designed to introduce student-athletes to the emerging issues in intercollegiate athletics. Student-athletes are reviewed under NCAA academic regulations, under the constant scrutiny of the media and often unprepared for the day to day challenges of college life. This course will look at NCAA academic continuing eligibility standards while also addressing issues that are unique and specific to college athletics. We will debate controversial topics on collegiate athletics such as the NCAA governance structure, Autonomy, academic integrity, pay for play model, value of a grant in aid agreement, likelihood of playing professional sports.

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Title: Emerging Issues in Athletics

Section: 032 **CRN:** TBA **Day/Time:** TR: 09:30 AM - 10:45 AM **Room:** D 351 **Instructor:** TBA

Course Description: The world of intercollegiate athletics is constantly growing and changing. This first year seminar is designed to introduce student-athletes to the emerging issues in intercollegiate athletics. Student-athletes are reviewed under NCAA academic regulations, under the constant scrutiny of the media and often unprepared for the day to day challenges of college life. This course will look at NCAA academic continuing eligibility standards while also addressing issues that are unique and specific to college athletics. We will debate controversial topics on collegiate athletics such as the NCAA governance structure, Autonomy, academic integrity, pay for play model, value of a grant in aid agreement, likelihood of playing professional sports.

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Title: Emerging Issues in Athletics

Section: 033 **CRN:** TBA **Day/Time:** MWF: 10:00 AM - 10:50 AM **Room:** D 351 **Instructor:** TBA

Course Description: The world of intercollegiate athletics is constantly growing and changing. This first year seminar is designed to introduce student-athletes to the emerging issues in intercollegiate athletics. Student-athletes are reviewed under NCAA academic regulations, under the constant scrutiny of the media and often unprepared for the day to day challenges of college life. This course will look at NCAA academic continuing eligibility standards while also addressing issues that are unique and specific to college athletics. We will debate controversial topics on collegiate athletics such as the NCAA governance structure, Autonomy, academic integrity, pay for play model, value of a grant in aid agreement, likelihood of playing professional sports.

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Title: Finding the Leader in You

Section: 055 **CRN:** TBA **Day/Time:** MWF: 12:00 PM - 12:50 PM **Room:** CLR 312 **Instructor:** TBA

Course Description: During this class, students will review topics necessary to be successful during the first year at ULL. The class will listen to podcasts from different podcasters that will cover topics such as time management, making friends, nutrition and growth, connecting with others, budgeting, and study skills. Additionally, the class will attend campus events together to learn about the essential resources on the campus.

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Title: Conquering Your College Journey

Section: 058 **CRN:** TBA **Day/Time:** MWF: 12:00 PM - 12:50 PM **Room:** CLR 213 **Instructor:** TBA

Course Description: UNIV 100 has been designed to help you maximize your success in college by addressing a variety of issues that often lead to failure, burnout, or withdrawal as well as providing you with information and strategies to enhance your academic success during your freshman year and throughout your collegiate years. This course will consist of learning effective time management skills, short- and long-term goal setting, stress management, engaging in social activities, and beneficial resources on and off campus.

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Title: Building a Sustainable Society

Section: 047 **CRN:** TBA **Day/Time:** TR: 12:30 PM - 01:45 PM **Room:** CLR 312 **Instructor:** TBA

Course Description: The course will build on the United Nations' definition of sustainable development - to harmonize economic growth, social inclusion and environmental protection - to advance the well-being of individuals of societies. We will work with the 17 UN Sustainable Development Goals to focus on the following interconnected foundations: 1. Employment & Economic Growth 2. Research & Development 3. Energy & the Environment 4. Education 5. Poverty & Social Inclusion All of these issues are interconnected. It is impossible to talk about economic prosperity without also understanding how a society invests in education and addresses diversity and inclusion. Connecting these dimensions to build a more sustainable, prosperous and beneficial society will be the focus of this course.

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Title: The Places You'll Go**Section:** 044**CRN:** TBA**Day/Time:** TR: 12:30 PM - 01:45 PM**Room:** MDD 111**Instructor:** TBA

Course Description: This course is designed to provide students with learning opportunities and experiences to help you be successful throughout college and into your professional career. Students will visit various departments and services throughout the UL campus, listen to guest speakers on educational and life topics, learn career building skills, discuss tourism aspects, learn how to plan a leisure trip, and create and deliver a group and individual presentation.

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Title: Black Women Leadership**Section:** 001**CRN:** TBA**Day/Time:** MWF: 09:00 AM - 09:50 PM**Room:** MDD 310**Instructor:** TBA

Course Description: This course introduces young black women to strategies and success principles of Leadership, as it relates to women of color. Students enrolled in this course will learn the importance of Goal-Setting, Time Management, Critical Thinking, Career Exploration, Public Speaking and Presentation Skills, Image & Branding, Networking, Diversity & Inclusion, Health & Wellness, Building Confidence, and so much more. Packed with motivational tips and useful techniques, each student will demonstrate what they've learned by creating a Vision Board and a Professional Development Plan designed to guide them on their personal and professional journey after college.

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Mastering the First Year

Course Description: Designed for incoming freshmen and the student in transition, the course objective is to help students navigate the first-year experience through student engagement, campus involvement, academic planning and adjustment, and connections to the culture that inspires Ragin' Pride. Some of the lessons learned in the course include time management, study skills, campus resources, financial and physical health and positive actions that lead to academic and personal success. Through course readings, written and oral reflections, group activities, and presentations, students should gain a greater awareness of their role as a student and the path that leads to academic success.

Section: L08	CRN: TBA	Day/Time: MWF: 10:00 AM - 10:50 AM	Room: MDD 111	Instructor: TBA
Section: 014	CRN: TBA	Day/Time: TR: 08:00 AM - 09:15 AM	Room: FGM 105	Instructor: TBA
Section: 027	CRN: TBA	Day/Time: TR: 03:30 PM - 04:45 PM	Room: MDD 310	Instructor: TBA
Section: 028	CRN: TBA	Day/Time: MW: 02:00 PM - 03:15 PM	Room: MDD 106	Instructor: TBA
Section: 035	CRN: TBA	Day/Time: TR: 12:30 PM - 01:45 PM	Room: CLR 213	Instructor: TBA
Section: 036	CRN: TBA	Day/Time: TR: 08:00 AM - 09:15 AM	Room: HLG 128	Instructor: TBA
Section: 037	CRN: TBA	Day/Time: TR: 09:30 AM - 10:45 AM	Room: HLG 128	Instructor: TBA
Section: 039	CRN: TBA	Day/Time: TR: 08:00 AM - 09:15 AM	Room: MDD 106	Instructor: TBA
Section: 040	CRN: TBA	Day/Time: TR: 09:30 AM - 10:45 AM	Room: MDD 106	Instructor: TBA
Section: 042	CRN: TBA	Day/Time: MW: 05:00 PM - 06:15 PM	Room: CLR 312	Instructor: TBA
Section: 046	CRN: TBA	Day/Time: TR: 09:30 AM - 10:45 AM	Room: HLG 504	Instructor: TBA
Section: 054	CRN: TBA	Day/Time: TR: 05:30 PM - 06:45 PM	Room: CLR 312	Instructor: TBA
Section: 057	CRN: TBA	Day/Time: TR: 08:00 AM - 09:15 AM	Room: CLR 312	Instructor: TBA
Section: 02	CRN: TBA	Day/Time: MWF: 10:00 AM - 10:50 AM	Room: MDD 310	Instructor: TBA
Section: 03	CRN: TBA	Day/Time: TR: 09:30 AM - 10:45 AM	Room: MDD 310	Instructor: TBA
Section: 04	CRN: TBA	Day/Time: TR: 11:00 AM - 12:15 PM	Room: MDD 310	Instructor: TBA
Section: 011	CRN: TBA	Day/Time: TR: 09:30 AM - 10:45 AM	Room: FGM 203	Instructor: TBA
Section: 012	CRN: TBA	Day/Time: TR: 11:00 AM - 12:15 PM	Room: FGM 203	Instructor: TBA
Section: 013	CRN: TBA	Day/Time: MWF: 09:00 AM - 09:50 AM	Room: MDD 106	Instructor: TBA
Section: 014	CRN: TBA	Day/Time: TR: 08:00 AM - 09:15 AM	Room: MDD 106	Instructor: TBA

Living Learning Communities

Course Description: Designed for students who are participating in the living learning community (LLC) program. These sections are identified with an L in front of the section number. **Only first-year students who have previously signed up for the LLC program through housing can take these courses.**

Section/Title	CRN	Day/Time	Room	Instructor
L01/LLC-Business Secrets	TBA	TR: 02:00 PM - 03:15 PM	FGM 203	TBA
L02/LLC-Nursing	TBA	MWF: 10:00 AM - 10:50 AM	CLR 213	TBA
L03/LLC-Service & Leadership	TBA	TR: 09:30 AM - 10:45 PM	CLR 312	TBA
L04/LLC-Gateway to the Arts	TBA	TR: 09:30 AM - 10:45 AM	MDD 111	TBA
L06/Lifetime Recreation	TBA	M: 02:30 AM - 05:00 PM	TBA	TBA
L08/LLC-Travel, Language & Culture	TBA	MWF: 10:00 AM - 10:50 AM	MDD 111	TBA
L05/LLC-Darwin	TBA	TR: 11:00 AM - 12:15 PM	CLR 312	TBA
L07/LLC-Engineering	TBA	T: 02:00 PM - 03:15 PM	CLR - TBA	TBA

Personal Growth & Development

Title: Thinking 101

Section: H10

CRN: TBA

Day/Time: MWF: 09:00 AM - 09:50 AM

Room: HLG 128

Instructor: TBA

Course Description: In this course, we will explore a variety of literary and artistic content as the basis for fostering the essential skills of reading comprehension, analytic writing, effective speaking, and most importantly, critical and creative thinking. In this manner, by attending to these skills through the thought-provoking content of this course, students will be given the tools to master college success, prepare for further standardized tests, and become well-rounded, thoughtful, inquisitive, and wise individuals. Alongside this, students will also gain an understanding of their surroundings and the locations of essential resources and assistance for success as they acclimate to their first year of college.

Title: Write Like a College Student!**Section:** H09 **CRN:** TBA **Day/Time:** MW: 04:00 PM - 05:00 PM **Room:** MDD 106 **Instructor:** TBA

Course Description: Writing is a skill that is necessary in ALL college courses. UNIV 100 Writing Seminar: Write Like a College Student has been designed to equip students for their career as a college student. As many students discover within the first month of college, collegiate-level writing is much different from high school. However, professors expect students to already know various aspects that could hinder their grade or even cause further issues. This course will assist students with the normal issues concerning higher education writing: plagiarism, paraphrasing, punctuation, grammar, and so much more. Regardless of a student's intellectual level, the writing seminar course can further provide the knowledge to succeed in all courses!

Title: Write Like a College Student!**Section:** 049 **CRN:** TBA **Day/Time:** TR: 03:30 PM - 04:45 PM **Room:** CLR 106 **Instructor:** TBA

Course Description: Writing is a skill that is necessary in ALL college courses. UNIV 100 Writing Seminar: Write Like a College Student has been designed to equip students for their career as a college student. As many students discover within the first month of college, collegiate-level writing is much different from high school. However, professors expect students to already know various aspects that could hinder their grade or even cause further issues. This course will assist students with the normal issues concerning higher education writing: plagiarism, paraphrasing, punctuation, grammar, and so much more. Regardless of a student's intellectual level, the writing seminar course can further provide the knowledge to succeed in all courses!

Title: Adulting: Becoming a Grown Up**Section:** 045 **CRN:** TBA **Day/Time:** MW: 01:00 PM - 02:15 PM **Room:** MDD 111 **Instructor:** TBA

Course Description: Adulting: Becoming a Grown Up builds knowledge, skills, attitudes, and behaviors you will need as you prepare to take the next steps toward adulthood in today's ever-changing society. Topics include living independently, relationship skills, financial management, consumer choices and decision making related to nutrition and wellness, clothing, and housing. Developing these skills will help you become a well-rounded, successful college student.

Title: Personal Development**Section:** 084 **CRN:** TBA **Day/Time:** MWF: 10:00 AM - 10:50 AM **Room:** CLR 213 **Instructor:** Fernandez, Jessica

Course Description: The course will examine facets of personal development that impact students' success in college and beyond. We will examine means of effective communication, establishing healthy boundaries in the workplace, and defining healthy relationships.

Title: How to: life 101

Section: 041 **CRN:** TBA **Day/Time:** TR: 01:00 PM - 02:15 PM **Room:** CLR 213 **Instructor:** TBA

Course Description: A course designed to focus on the important topics and concepts you need to know to "adult." Each topic is looked at through a hands-on lens, a how-to-guide style. Throughout the course we will discuss everything from finances to handling conflict.

Title: Effects of Communication

Section: 034 **CRN:** TBA **Day/Time:** Thursday : 05:00 PM - 07:45 PM **Room:** HLG 128 **Instructor:** TBA

Course Description: This course will introduce students to the effects of communication in their everyday personal and professional lives.

Title: Crossroads of College and Life

Section: 038 **CRN:** TBA **Day/Time:** TR : 11:00 AM - 12:15 PM **Room:** HLG 128 **Instructor:** TBA

Course Description: I have all these college credits, what's my next step? Should I apply for jobs or grad school? Do I have to take the PRAXIS, the LSAT or the GRE? And what is the MCAT? How am I supposed to carry myself at a business dinner? What is the difference between an internship and a co-op? How do I answer interview questions? Are my qualifications and experience enough for this job? Confused? If so, you may have found yourself at the crossroads. This course helps your take control of your future by exploring and navigating those pre-graduation questions that plague many students. I have all these college credits, what's my next step? Should I apply for jobs or grad school? Do I have to take the PRAXIS, the LSAT or the GRE? And what is the MCAT? How am I supposed to carry myself at a business dinner? What is the difference between an internship and a co-op? How do I answer interview questions? Are my qualifications and experience enough for this job? Confused? If so, you may have found yourself at the crossroads. This course helps your take control of your future by exploring and navigating those pre-graduation questions that plague many students.

Popular Culture

Title: American Dream in Film & Music

Section: H13 **CRN:** TBA **Day/Time:** MW: 01:00 PM - 02:15 PM **Room:** MDD 310 **Instructor:** TBA

Course Description: Students will investigate the American Dream - defined as the steady, though complicated, idea that every citizen has the equal right to life, liberty, and the pursuit of happiness -- by critically exploring American music and film.

Title: Villains!**Section:** 015**CRN:** TBA**Day/Time:** TR: 11:00 AM - 12:15 PM**Room:** TBA**Instructor:** TBA

Course Description: In this course we'll discuss some major fictional villains, certain types of villains we love, and the details of what makes a villain great. At the end of the course, you'll work on your favorite fictional villain and work on a project about that villain.

Title: American Dream in Music & Film**Section:** 018**CRN:** TBA**Day/Time:** MW: 02:30 PM - 03:45 PM**Room:** MDD 310**Instructor:** TBA

Course Description: In this section of UNIV 100 students will investigate the American Dream - defined as the steady (though complicated) idea that every citizen has the equal right to life, liberty, and the pursuit of happiness - by exploring critically American music and film that explores the spirit, the struggle, the failures, and the hopes of the American experience. Themes associated with the American Dream include youthful optimism, work, community, sin and crime, patriotism, marriage, immigration, grief, war, and religion.

Title: Learning Thorough Documentaries**Section:** 009**CRN:** TBA**Day/Time:** MW: 01:00 PM - 02:15 PM**Room:** FGM 203**Instructor:** White, Jessica

Course Description: Documentaries and films are an excellent source for learning, and student engagement in our digital world. In this course, we will use documentaries and films to learn about various social justice and criminal justice topics. Through class discussions, activities, and writing assignments we will analyze each topic to determine how it affects our current society, through existing social trends, identities, and values. We will focus primarily on documentaries and films that depict social differences, social inequality, and/or inequality in the criminal justice system. Access to a Netflix account is required for this course.

Title: Learning Thorough Documentaries**Section:** 010**CRN:** TBA**Day/Time:** MW: 02:30 PM - 03:45 PM**Room:** FGM 203**Instructor:** White, Jessica

Course Description: Documentaries and films are an excellent source for learning, and student engagement in our digital world. In this course, we will use documentaries and films to learn about various social justice and criminal justice topics. Through class discussions, activities, and writing assignments we will analyze each topic to determine how it affects our current society, through existing social trends, identities, and values. We will focus primarily on documentaries and films that depict social differences, social inequality, and/or inequality in the criminal justice system. Access to a Netflix account is required for this course.

Title: Sneakerology

Section: H07 **CRN:** TBA **Day/Time:** TR: 11:00 AM - 12:15 PM **Room:** MDD 111 **Instructor:** TBA

Course Description: In this course, students will explore the modern history of Sneakers, by surveying the cultural relevance of sneakers through advertising, sports, fashion, design and music. Additionally students will also discuss sneaker culture, the formal designs of sneakers, how they are produced, and the personal connections individuals make between their identity and the sneakers on their feet. UNIV 100 has also been designed to help you maximize their success in college by addressing a variety of issues that often lead to failure or withdrawal as well as providing you with information and strategies to enhance your academic success.

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STEM & Health

Title: Mental Health: Stop the Stigma

Section: 056 **CRN:** TBA **Day/Time:** MW: 04:00 PM - 05:15 PM **Room:** HLG 128 **Instructor:** TBA

Course Description: The real epidemic of the 21st century; the truth about substance abuse nobody is talking about. Michael Jackson, Demi Lovato, Lady Gaga are iconic musicians, but that is not the only thing these celebrities have in common, they have all struggled with drug and alcohol related problems. This course is designed to educate students on the truth about the disease of addiction, the risks associated with social use and abuse, and how to make healthier choices. Students will learn about how substance abuse affects the body, mind, and spirit and the potential long-term consequences of heavy abuse. The course will discuss popular topics such as college partying, legalizing marijuana, and ADD/ADHD medications. This class is designed to better educate students on the effects of substances on their body and brain and assist them in making educated choices during a time in their life filled with social pressures, experimentation, and high stress.

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Title: Mental Health: Am I Crazy?

Section: 024 **CRN:**TBA **Day/Time:** TR: 08:00 AM - 09:15 AM **Room:** CLR 213 **Instructor:** TBA

Course Description: In Mental Health: Am I Crazy? we will discuss the definition of mental health, what mental health areas are we vulnerable to as we transition to college, how do we discuss mental health with our peers, and what are the resources available to help cope with mental health issues. This class will give us vital information to know as we transition into college and as we transition to other areas of life as well. This subject that may be uncomfortable to talk about at times, but may help us to understand the everyday struggles that people encounter with mental illness!

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Title: Mental Health: Am I Crazy?

Section: 025 **CRN:**TBA **Day/Time:** TR: 09:30 AM - 10:45 AM **Room:** CLR 213 **Instructor:** TBA

Course Description: In Mental Health: Am I Crazy? we will discuss the definition of mental health, what mental health areas are we vulnerable to as we transition to college, how do we discuss mental health with our peers, and what are the resources available to help cope with mental health issues. This class will give us vital information to know as we transition into college and as we transition to other areas of life as well. This subject that may be uncomfortable to talk about at times, but may help us to understand the everyday struggles that people encounter with mental illness!

Title: The Art of Mathematics

Section: H01 **CRN:** TBA **Day/Time:** TR: 03:30 PM - 04:45 PM **Room:** MDD 106 **Instructor:** TBA

Course Description: What is Mathematics? Is it an art or is it a science?

Title: Understanding Mental Illness

Section: H05 **CRN:**TBA **Day/Time:** MW: 02:30 PM - 03:45 PM **Room:** MDD 111 **Instructor:** TBA

Course Description: This course will look at different mental illnesses/disorders and the impact on individuals. In particular, college aged individuals.

Title: Understanding Mental Illness

Section: H06 **CRN:**TBA **Day/Time:** TR: 02:00 PM - 03:15 PM **Room:** MDD 111 **Instructor:** TBA

Course Description: This course will look at different mental illnesses/disorders and the impact on individuals. In particular, college aged individuals.

The World of Business

Title: Business for Everyone

Section: 053 **CRN:** TBA **Day/Time:** MWF: 11:00 AM - 11:45 AM **Room:** CLR 312 **Instructor:** TBA

Course Description: This course will allow students to learn core goals of business including but not limited to accounting, finance, marketing, management and economics. Students will learn how to start up a small business and discover how to write a business plan for their new venture. Through course lecture and required reading, they will investigate answers to questions they may have regarding the success and failures of past and present businesses.

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Title: Business for Everyone

Section: H03 **CRN:** TBA **Day/Time:** MWF: 08:00 AM - 08:50 AM **Room:** CLR 312 **Instructor:** TBA

Course Description: This course will allow students to learn core goals of business including but not limited to accounting, finance, marketing, management and economics. Students will learn how to start up a small business and discover how to write a business plan for their new venture. Through course lecture and required reading, they will investigate answers to questions they may have regarding the success and failures of past and present businesses.

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Title: Business for Everyone

Section: H04 **CRN:** TBA **Day/Time:** MWF: 09:00 AM - 09:50 AM **Room:** CLR 312 **Instructor:** TBA

Course Description: This course will allow students to learn core goals of business including but not limited to accounting, finance, marketing, management and economics. Students will learn how to start up a small business and discover how to write a business plan for their new venture. Through course lecture and required reading, they will investigate answers to questions they may have regarding the success and failures of past and present businesses.

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Title: Intro to Personal Finance

Section: 050 **CRN:** TBA **Day/Time:** MWF: 09:00 AM - 09:50 AM **Room:** FGM 203 **Instructor:** TBA

Course Description: UNIV 100 has been designed to help you maximize your success in college by addressing a variety of issues that often lead to failure or withdrawal as well as providing you with information and strategies to enhance your academic success. Personal Finances 101 is an introductory course on how to manage your personal finances. Key topics of discussion will be budgeting, saving, investing, balancing your checkbook, good credit vs. bad credit, and managing debt effectively. This course is designed to aid students in getting and keeping their finances in check.

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Title: Starting Your Own Business**Section:** 019 **CRN:** TBA **Day/Time:** TR: 05:30 PM - 06:45 PM **Room:** FGM 105 **Instructor:** TBA

RachelCourse Description: This class is designed to introduce you the student and the new business owner, to the basics of creating a business plan to run your small business. For the more experienced business owner, this class gives you an opportunity to develop a plan to bring your business to the next level of success. The goal for this class is to bring hands-on knowledge of defining and running your own business while making the class interesting and enjoyable.

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Title: Starting Your Own Business**Section:** 043 **CRN:** TBA **Day/Time:** M: 06:00 PM - 08:45 PM **Room:** FGM 105 **Instructor:** TBA

RachelCourse Description: This class is designed to introduce you the student and the new business owner, to the basics of creating a business plan to run your small business. For the more experienced business owner, this class gives you an opportunity to develop a plan to bring your business to the next level of success. The goal for this class is to bring hands-on knowledge of defining and running your own business while making the class interesting and enjoyable.

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Special/Restricted Sections

Some sections of UNIV 100 have special requirements or are restricted to certain populations. Please note the instructions for each group.

Honors Sections: Honors sections are open to all students, but students in the Honors Program may count any one of these sections of UNIV 100 towards their Honors' curriculum. Classes with section numbers beginning with an H (e.g. H01, H20), are honors section. These sections are distinguished by an emphasis on student-led, active learning, critical thinking, and presentations. Honors LLC students must take an honors section of UNIV 100.

Student Athletes: Student athletes should talk to their academic advisor about UNIV 100. They have likely already put you into a section.

Living Learning Communities: These students have already been added to the relevant UNIV 100 section. They may not change their schedule without dropping out of the Living Learning Community (which will change their housing assignment). Students in the Engineering, Nursing, Business, and Travel, Language, and Culture LLCs also have one or two additional courses on their schedules –they are in a cohort program and will need to stay in all of the courses already scheduled for them. If you have a conflict between one of the classes already added to your schedule and something else you need, please work with the LLC Advisor (Dr. Beth Giroir, <mailto:elizabeth.giroir@louisiana.edu>) before making any changes.

Online Section: First-time freshmen in fully online degree programs are required to take this section (X01). There is an additional Elearn course fee (\$30/credit hour, \$90 in total) associated with registering for the online section of this course. This E-Learn fee is in addition to the UNIV 100 course fee of \$95.00. Students who will be attending classes on campus may sign up for the online section (especially recommended if they have a full schedule of classes and cannot find an open section of UNIV 100). However, students who are attending classes on campus should plan to attend the Cajun Connection class day and all students registering for the online section should ensure that they are ready to succeed in an online environment. For more information on online readiness, please refer students to the self-assessment provided by the Office of Distance Learning: <http://ullafayette.smartermeasure.com/>