“I’m in college - Now what?”

Are you excited about college but not sure of your direction? Have you ever wondered “Who am I” or “What should I do with my life?” The goal of this course is to help you answer these questions. Course topics will include: values (What is important to me?); goals (Where am I going with my life?); skills and interests (What can I do? What do I love to do?); and purpose (What do I hope to accomplish in my lifetime?). Additionally, students will participate in small group discussions, writing assignments, and projects related to their specific interests, and will explore careers related to those interests.